May 2019

### The Protectors: An Anti-Bully Initiative

Anti-bullying expert Paul Coughlin will be speaking to parents and other community members at Columbia Christian School on Monday, May 20, at 7 p.m. in the upper Johnson Center.

Coughlin, founder of The Protectors, a freedom-from-bullying program and movement that is used by hundreds of organizations throughout the world, including England, Australia, Uganda, Brazil, and New Zealand, will explain the pivotal role that all parents play in diminishing what he calls the "Theater of Bullying." But in order to do this, he says, "We have to explode the many myths that surround this growing concern, which according to a Harris Poll last year, is now the number-one concern of both parents and students—surpassing illicit sexual activity, drug use, and gang activity."

"We are implementing The Protectors program to help our students take a stand against bullying, a problem that is widespread in our culture," said Marquita Moss, president of Columbia Christian School. "The program is designed to help vulnerable youth know how to deflect bullies, inspire other youth to stand up

### **Important Dates:**

May 20 The Protectors

May 23 Fine Arts Festival (MS & HS)

May 24 Blue Lake Park (HS)

May 29 Senior Luncheon

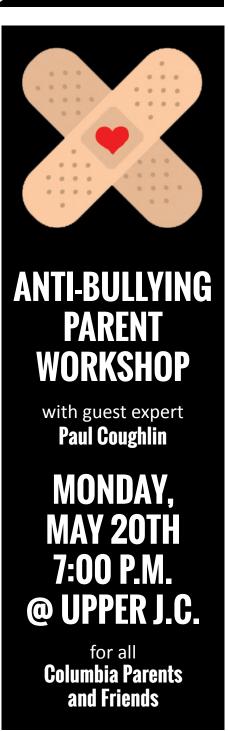
June 7 BBQ Lunch & Field Day (K-5)

June 10 MS to Oak Park 1st-5th Banner Night

See full Columbia Calendar

and protect vulnerable students from bullies, and call forth repentance from youth who have been acting like bullies."

The most prevalent myth that surrounds bullying is that it is really about conflict, misunderstanding, and the inability for some to manage their anger or impulse control. "That's not bullying," Coughlin says. "Bullying is really about disdain and contempt for others, which is both the language and behavior of superiority. Most bullies do not possess low self-esteem. They possess average to excessive self-esteem. Many feel great about themselves and are motivated by a sense of entitlement and sometimes narcissistic tendencies." Statistically, he says, a person identified as a serial bully is five times more likely to commit a felony by his or her middle 20s, and four times more likely to abuse his or her future spouse and



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# **School Activities In Photos**











This spring, Columbia Christian presented the musical Into the Woods, to the delight of audiences over seven performances.

Held at the Eastside Church of Christ, Columbia students demonstrated extraordinary talent in both acting and singing, with director Danielle Valentine bringing the fine arts program to the next level. The high school performers were joined by 3rd grader Emrie Riske to round out the cast.

"I'm incredibly proud of the work the kids put into this show. I firmly believe that if the bar is set high, they will meet it. In this show they really surpassed my expectations. It feels like I've been working with these kids forever, even though it's only been a year. Parting with my seniors is going to be hard for many reasons, but I'm excited to see them head into the next year with a passion for the arts. I'm looking forward to continuing to bring quality theater to Columbia," said Valentine.

The decision over the choice of musical was not made without weighing the pros and cons for the Christian school. In 2014, a film was released under the same name that had dark themes and overtones, straying into very unChristian themes. The movie portrayal was different from the original musical. Columbia's version was faithful to the original intent to show that fairy tale ideas of "happily ever after" are shallow and often miss the more important character issues.

### The Protectors: continued from page 1

children. "Bullies are tomorrow's prison population. No one wants this for them, even their targets," he says.

Coughlin will explain how parents can help their children avoid being targets and will highlight the pivotal role that bystanders play in reducing bullying. "Authority alone cannot solve this problem given the predatory and secretive nature of bullying. Bystanders must stop being intimidated by bullies and become 'Alongside Standers' of targets, and give authority the information it needs in order to bring justice and compassion to targets, who often suffer in great silence and torment." When students learn how to exercise courage, they grow their capacity for this foundational virtue, giving them more character and leadership capacity later in life. "Many believe that courage is the virtue that underpins all other virtues. So the sooner we learn how to flex it, the better our lives become."

In addition to the evening session for parents and other community members, Coughlin will provide several classes throughout the day for Columbia Christian students and staff to receive training. Reflecting on this opportunity, President Moss commented, "Inviting The Protectors to our campus is just one of the ways we are working to ensure the continued safety of our school. As part of our heritage of over 70 years in this community, we are intentional about contributing positively. Training this generation to be counter-cultural in light of alarming bullying trends is of great value to our neighborhood, city, state, and beyond. Raising children who stand up for what is right makes an impact that is eternal."

# Tribute to Chuck Lawrence: 4/21/41 - 4/8/19



Many were saddened to learn that Chuck Lawrence, Columbia Christian board member and beloved friend of the school, passed away on Monday, April 8 at his home in Camas, WA.

Mr. Lawrence had a long history with Columbia, going back to his elementary days as one of the students in the very first years the school was open. While a student at Columbia, Mr. Lawrence met his future wife, Billye Gaye Ragsdale. They were married in 1966 and raised three children together: DeAnn, Lisa, and William. Billye Gaye preceded Chuck in death in 2014 after a battle with cancer.

A respected businessman, Mr. Lawrence had a career in real

estate – purchasing and managing several properties throughout the Portland area. He was

an involved member of the community and is remembered by many for his generosity. He

served on Columbia's school board for many years and blessed the school greatly through his time, energy, and financial resources. He supported his children and many grandchildren attending there as well. Along with Billye Gaye, he was a charter member of the Eastside Church of Christ, having attended the inaugural service in 1953.

Chuck's legacy continues even after his passing. Each year during the 8th grade graduation ceremony, the Chuck Lawrence Christian Service Award is given to a student who demonstrates Christian humility in leadership, just as Mr. Lawrence has always done. The award will continue to be granted in Mr. Lawrence's honor — recognizing a great man who made a positive impact.



# National Decision Day: Colleges Chosen

May 1st was National Decision Day for college-bound seniors to choose and announce their college of choice. Out of 23 seniors, 19 have already committed to their future endeavors, including: Oklahoma Christian, Harding, Seattle Pacific, Grand Canyon, Portland State, San Diego State, Multnomah University, local community colleges, and one entering the U.S. Army. Columbia Christian high school students are prepared in many ways for life after graduation: challenging classes, career/college guidance, AP and college credit opportunities, and resources to help them achieve consistently strong test scores. These kids are going places!

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