

CCS Hot Lunch Menu

Sept 19-23	Sept 26-30	Oct 3-7	Oct 10-14	Oct 17-19
09/19 Mon-V Ham Jambalya Salad Bread Fruit Milk	09/26 Mon Penne Pasta w/ Italian Sausage Salad Bread Fruit Milk	10/03 Mon-V Curried Chicken Couscous salad Fruit Milk Bread	10/10 Mon -V Chicken w/mole sauce Spanish Rice Salad Fruit Milk	10/17 Mon South of the Border Chicken Rice pilaf Salad Fruit Milk
09/20 Tues Grandma T's Chicken Rice a Roni Salad Milk Bread Fruit	09/27 Tues-V Tacos/chicken Beans & Rice Salad Fruit Milk	10/04 Tues Hot Dogs Macaroni Salad Cole Slaw Milk Vegetable Fruit	10/11 Tues BBQ Pork Sandwich Macaroni Salad Green Salad Fruit Milk	10/18 Tues Meatloaf Roasted potatoes Vegetables Fruit Milk
09/21 Wed-V Chili Cornbread Salad Milk Fruit	09/28 Wed-V Hamburgers/ veggie b Macaroni salad Green salad Milk Fruit	10/05 Wed-V Spaghetti & Meatballs Salad Bread Fruit Milk	10/12 Wed -V Pasta primavera Salad Bread Milk	10/19 Wed-V Pork Curry over Rice/Tofu Salad Bread Fruit Milk
09/22 Thurs-V Beef/mushrm stroggnff Salad Bread Fruit Milk	09/29 Thurs-V Chicken rice a roni w/fresh herbs Green salad Fruit Milk Bread	10/06 Thurs-V Pizza Salad w/ beans Fruit Milk	10/13 Thurs Mexican casserole Spanish Rice Salad Bread Fruit Milk	
09/23 Fri (Pizza Hut)	09/30 Fri (Pizza Hut)	10/07 Fri (Pizza Hut)	10/14 Fri (Pizza Hut)	

Bread: 12 grain wheat

V: Days when vegetarian dish available upon request